



BRIEF BIOGRAPHY – SHERRY LEBED DAVIS

Sherry Lebed Davis is one of the foremost authorities on the use of movement and therapeutic exercise for the healing and prevention of complications from breast cancer surgery, other cancers, Lymphedema and related treatments. She is the co-founder with Dr. Marc Lebed and Dr. Joel Lebed of *The Lebed Method, Focus on Healing*, a therapeutic exercise and movement program designed to aid in the physical and emotional recovery of cancer survivors and other chronic illness. Widely respected authorities, such as Dr. Susan M. Love, Saskia R.J. Thaidens, executive director of The National Lymphedema Network, Dr. Clifford Hudis from Memorial Sloan Kettering Hospital, Dr. Bert Peterson from Beth Israel Hospital, and many more recommend The Lebed Method to their patients. Sherry travels both nationally and internationally training instructors for The Lebed Method, while also doing presentations

for many medical organizations, patient advocacy groups, wellness organizations as well as keynote presentations on *Cruise Ships for Cruise for the Cure*.

Sherry has authored a book, published by Random House, *Thriving After Breast Cancer, Essential Healing Exercises for Body and Mind* and also has produced two videos regarding her therapeutic exercise program. The Lebed Method is now in over 600 Hospitals and Centers in the USA and 12 countries outside the USA. The Lebed Method has one medical study; one clinical report completed on its success and will be working on its third medical study in the near future.

Highlights of Sherry's Presentations and Media Exposure:

- Speakers Bureau for CURE Magazine
- Keynote presenter on Susan G. Komen Cruise for the Cure
- Keynote presenter at Oncology forum Boston Mass
- Oncology Nurses Symposium
- Day of Celebration for Women Surviving Breast Cancer: US Army, Navy and Air Force
- Day of Celebration Loma Linda Hospital
- Fast Track Allied Health Professionals Key Note presenter
- National Social Worker Conference
- Cancer Retreat, Goshen Medical Center
- Living Beyond Breast Cancer Conference
- Mind, Body and Spirit Conference

Media Interviews:

- The Today Show
- Lifetime Live
- ABC Nightly News
- People Magazine
- Oxygen Magazine
- Health Magazine
- CURE Magazine
- Delicious Living Magazine
- NY Times
- LA Times